



DERMATOLOGY
ASSOCIATES OF ITHACA

Healthier Skin Since 1983

DID YOU KNOW?

Wrinkles result from a combination of many factors. It's not just about cellular changes that can occur over time, reduction of collagen, or damage caused by free radicals in the sun and environment.



DYSPO[®] works by blocking nerve impulses to the injected muscles.



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DYSPO[®]

DYSPO[®] is a prescription medication used to target the underlying causes of wrinkles, frown lines and crow's feet – the repeated muscle contractions from frowning and squinting over the years. DYSPO[®] is injected into these muscles to temporarily reduce muscle activity, leading to a reduction in the appearance of wrinkles, crow's feet and frown lines. Typically, the muscle action will return in 3-5 months.

PROCEDURE DESCRIPTION

Each treatment takes approximately 15 minutes. Your provider will ask you to make expressions to locate the areas of injection. Ice is applied to each site prior to injection to minimize discomfort.

RISK/ COMPLICATIONS

Immediate redness, swelling and bruising may occur at each injection site. Substances that increase bruising include Vitamin E, aspirin, Motrin and other non-steroidal anti-inflammatory drugs.

Possible side effects include: transient headache, swelling, bruising, pain during injection, twitching, itching, numbness, asymmetry (unevenness), temporary drooping of eyelids or eyebrows. These side effects are rare, but have been reported.

Cold sores can be triggered by any facial procedure. If you have a history of cold sores, be sure to notify your provider prior to your procedure so you can be given medication to reduce the chance of a breakout.

There is no guarantee of results, and though it is unlikely, there may be minimal or no improvement of the condition. In a very small number of individuals, the injection does not work.

CONTRAINDICATIONS

- Pregnancy
- Nursing
- History of diseases of muscles and nerves, such as ALS, Lou Gehrig's disease, myasthenia gravis or Lambert-Eaton syndrome.

BEFORE Your Dyspo[®] treatment

- **Aspirin and ibuprofen should be avoided 10-14 days prior** to minimize risk of bruising. **If you have been told to take aspirin daily by your doctor, please let us know before stopping it.** Other medications to avoid include **Excedrin[™], Motrin[™], Naprosyn[™], Aleve[™], Gingko, garlic supplements, fish oil, and Vitamin E.**
- **Avoid alcohol 2 days prior to treatment** to minimize risk of bruising.
- If you have a history of **cold sores**, please let us know before the day of the procedure so a medication can be given to reduce an outbreak.
- Be sure that you have communicated any pertinent medical history to your provider, particularly any history of neurologic or muscular disease, medication allergies, new medications, pregnancy, breastfeeding, and previous cosmetic procedures.

AFTER Your Dyspo[®] treatment

- **Aspirin and ibuprofen should be avoided for 2 days after** to minimize risk of bruising.
- Immediately after the procedure you can reapply makeup and resume your skin care routine.
- Avoid massaging the areas, lying down, or bending for the next 4 hours.
- The full effect of the treatment is seen in about 2 weeks after the procedure.